

South Pasadena Health Standards

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1.0	Accepts personal responsibility for lifelong health.	2
2.0	Respects and promotes the health of others.	2
3.0	Understands the process of growth and development.	2
4.0	Informed use of health-related information, products, and services.....	2
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South Pasadena Health Standards

K-2

1.0 Accepts personal responsibility for lifelong health.

1.1 Demonstrates way in which they can enhance and maintain their health and well-being.

1.2 Demonstrates behaviors that prevent disease and speed recovery from illness.

1.3 Practices behaviors that reduce the risk of becoming involved in potentially dangerous situations and react to potentially dangerous situations in ways that help to protect their health.

2.0 Respects and promotes the health of others.

2.1 Plays a positive, active role in promoting the health of their families.

2.2 Promotes positive health practices within the school and community, including developing positive relationships with their peers.

3.0 Understands the process of growth and development.

3.1 Understands the variety of physical, mental, emotional, and social changes that occur throughout life.

3.2 Understands and accepts individual differences in growth and development.

4.0 Informed use of health-related information, products, and services.

4.1 Identifies information, products, and services that may be helpful or harmful to their health.

South Pasadena Health Standards

3-5

1.0 Accepts personal responsibility for lifelong health.

1.1 Demonstrates ways in which they can enhance and maintain their own health and well-being.

1.2 Demonstrates behaviors that prevent disease and speed recovery from illness.

1.3 Practices behaviors that reduce the risk of becoming involved in potentially dangerous situations and react to those situations in ways that help to protect their health.

2.0 Respects and promotes the health of others.

2.1 Plays positive, active role in promoting the health of their families.

2.2 Promotes positive health practices within the school and community, including developing positive relationships with their peers.

3.0 Understands the process of growth and development.

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4.0 Informed use of health-related information, products, and services.

4.1 Identifies information, products, and services that may be helpful or harmful to their health.